



Creative writing

April-May

Old-age homes run by Helpage India - Follow Up

Classes: VIII, IX, X

"It's not how old you are, it's how you are old." Isn't it just the most beautiful thing you've ever heard? For me, it definitely is. Age and size are only numbers. It's the attitude you bring that make the difference. And that is exactly what I saw today. Women, older than fifty or older, were enjoying their life to the fullest. Running around, singing songs, having enjoyable cat-fights and some pretty memorable and happy last years — is what I saw today, at the old age home. Even though, their living conditions (like their houses, clothes and other important supplies) were not excellent, they still managed to hold on, their life being ^{with} each other. As they shared their experiences, hilarious childhood stories, depressing yet important stories and why and how they ended up in an old age home instead of the

Diary Entry → Old Age Home

24th April, Wednesday
8:30 pm

Dear Diary

A home is a safe haven, an earth where one can escape from the outside world. Today, the students of 9th grade visited an old age home called Shyamahila Ashram in Rajendra Nagar, where elderly people live permanently after retirement. Some of the stories they told were bitter and sweet, some soul-stirring and some mind-boggling. I want to share this sublime experience with you.

Entering the old age home, the first feature I noticed was the elderly, sombre appearance that the home had. However, an aura of happiness and freedom could be sensed, the moment one entered the generous building. All the elderly people seated in the adjacent room were awaiting the arrival of their entertainers. We sang and danced for them and in the process, I noticed a group of ladies seated in corner of the square room.

As a follow up activity to the "Visit to the old age home", the language teachers conducted a creative writing session in their classes. Students wrote about their experience and learning from the visit which was later assessed by the teacher.